

## Race Team Schedule for 2009 / 2010

<u>Date/ Time</u>	<u>Activity</u>
November 28 and 29	Equipment Check, Goal Setting, Dryland Training at Wintegreen
December 5 to 12	Pre-season Race Camp at Copper Mountain
December 5th and 6 th	No Practice at Wintergreen
December 12 and 13	Practice at Wintergreen if Resort is Open
December 21 and 22	Practice at Wintergreen
December 27 to 31	Race Camp at Wintergreen
December 28th	Bryce GS - No Race Team Practice
December 29th	Bryce Slalom - No Race Team Practice
January 2 and 3	Practice at Wintgreen
January 10th	Snowshoe GS for J1 -3
January 10th	Massanutten GS for J4-6
January 16,17,18	Practive At Wintergreen
January 23rd	Wintergreen GS - Scored
January 24th	Wintergreen Slalom - Scored
January 30th	Beech Mtn Slalom - Scored
january 31st	Sugar Mtn GS - Scored
February 6th and 7th	Practice at Wintergreen
February 13th and 14th	Practive At Wintergreen
February 15th (Monday)	Wintergreen Presidents Day Slalom
February 20th and 21st	J1-3 Champs at Snowshoe
February 26th to 28th	J4-6 Champs at Timberline
March 5th and 6th	Practice at Wintegreen